MIDLER BEHIND THE MIKE SINKS TEETH INTO VILLAIN {page 12}

SCOTT-FREE

STEVE CARELL SET TO LEAVE THE OFFICE

SHOW WILL GO ON {page 15}

CALGARY metro®

Wednesday, July 28, 2010
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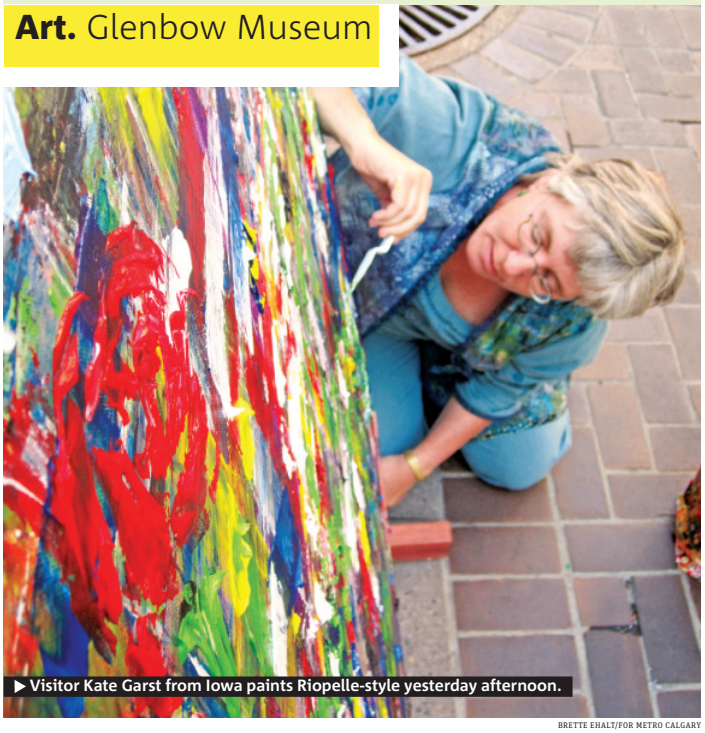
Art. Glenbow Museum



▶ Visitor Kate Garst from Iowa paints Riopelle-style yesterday afternoon.

BRETTE EHALT/FOR METRO CALGARY

Public engagement art

Stephen Avenue strollers mimicked Canadian abstract painter Jean-Paul Riopelle using paint and a palette knife yesterday. "You'll find it's not that easy to make a composition," said Veronica Murphy of the Glenbow Museum. Riopelle: The Glory of Abstraction, at the Glenbow Museum, ends Aug. 2.

No-hitter fever in the Majors

You can call 2010 the year of the pitcher {page 25}

A total Eclipse of the heart?

It's easy to love Mitsubishi's Spyder GT-P {page 27}

Boy dies in fall from balcony

Police received calls from witnesses on ground after child fell It's believed boy's mother was home at the time, father came to the scene a short while later

KRISTA SYLVESTER
@METRONEWS.CA

Socks, shorts and a hysterical mother are memories a Calgary man won't soon forget after a young boy plummeted 28 storeys from a downtown building balcony yesterday afternoon.

David Cole was just metres away from the alley behind the Bromley Square apartment building in the 100 block of 10th Avenue SW after 2:15 p.m., when he heard screams and rushed over to find a boy believed to be about nine years old lying on the ground.

"I knew there was nothing I could do for him once I saw him. It's a sad sight," Cole said.

"The mother was running around with a cellphone in her hand. She was hysterical; who wouldn't be?"

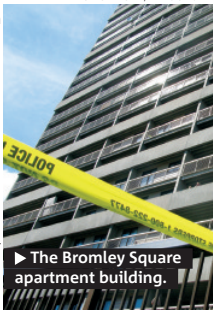
Insp. Darren Cave said police continue to investigate to determine how the boy fell, but they don't believe foul play was involved.

"It appears as though it was an accident, but we're early in the investigation and we look at it from all angles," Cave said, adding some witnesses reported the boy was reading on the balcony before the fall.

Highrise details

- One witness said he lived in the building years ago and saw two men who jumped from the windows.
- The building has a total of 32 floors.
- Police say there don't appear to be any building malfunctions.

KRISTA SYLVESTER/METRO CALGARY



▶ The Bromley Square apartment building.

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AMVIC LICENSED

Suspect in tot's death gets bail

A 24-year-old woman charged in the death of a toddler at a licensed day home was granted bail yesterday.

Erin Jackman, 24, broke down in tears as a judge imposed conditions that prohibit her from having contact with children under 12 years of age and only allow her supervised visits with her own two children. Jackman had originally been charged with aggravated assault and failing to provide the necessities of life but the charges were upgraded to manslaughter after 18-month-old Mercedes Pepper died. THE CANADIAN PRESS

Toddler's death

- "The exact cause of death, as we learned from the medical examiner, was blunt force trauma, not rapid acceleration-deceleration," said Staff Sgt. Brent Secondiak, who suggested that would point more toward a deliberate act than an accident.
- The toddler died last Wednesday in a Calgary hospital after being airlifted there with severe head injuries.

Higgins to run for mayor?

Former longtime CTV anchor Barb Higgins, who resigned last week, is set to meet with media today amid speculation she will run for mayor in October.

If she throws her hat into the mayoralty ring, Higgins would be the first female in the race, and one of the top contenders for the position, according to city political scientists.

METRO CALGARY

KATIE TURNER/FOR METRO CALGARY

▶ Tree remover Shawn Danaher says he was willing to offer help to the homeowners with a tree on their lawn, but no one answered when he knocked on the door.

Cleanup time in south end

- Storm blew into Calgary around 8 p.m. Monday night
- Tornado warnings were issued south of Calgary, near Okotoks

KATIE TURNER
CALGARY@METRONEWS.CA

Cleanup is in full force in south Calgary after a flash storm hit the city Monday, flooding the streets and sending branches flying.

One Shawnessy home narrowly escaped being struck by a large tree that fell into the front yard during the storm.

"It was scary because at first the weather was really good and then all of the sudden, bang, there was really dark clouds," said Stella Cheifmoon, who lives four houses down from the fallen tree.

"It really did a lot of damage to the yards. We're going to have to do a lot of cleanup."

Next door to Cheifmoon lives Bonnie McGlynn, who said she believed her neighbours may be on vacation and unaware of the fallen debris in their yard.

She said along with the strong winds, water flooded the streets on Shawinigan Drive.

"It was just a downpour," she said.

"The whole street on that side was flooded, it was flooded up the wheel wells of (my neighbour's) car."

The storm

- The storm hit communities such as Evergreen, Midnapore, Sundance, Woodbine and Braeside.
- Water caused flooded basements and backed up sewers in some areas.
- The tornado warning issued south of the city never touched down and was later downgraded by Environment Canada.

1 news

News on the move

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

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SpinDoctor checks in with a theory on why the Tories botched the census issue so badly. More at metronews.ca/blogs

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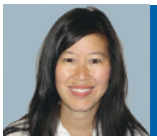
Looking for ways to save money? Start with your bank account.

These simple saving tips can help you get the most out of your bank account.



Priscilla Yu
RBC Royal Bank®
Manager,
Personal Banking
Accounts

Everyone is looking for ways to save money. If you've done any household budgeting you know that the worst culprits for draining your resources aren't necessarily big expenditures and shopping sprees. More often the problem is the smaller expenses – the ones you don't even think about – that add up to a big tab at the end of the month. For example, people seldom think about how much they could save by changing their banking habits, or even their bank account.

Debit number-crunching

We might be more inclined to reach for our debit card rather than a credit card for daily purchases because we associate credit cards with interest payments. Besides, debit is so convenient! But if your banking plan doesn't include unlimited debit transactions, you may be paying more in service charges than you realize. Have a look at your monthly statement and compare what you're paying in fees to the cost of an account that suits your banking and purchasing habits better. For many of us, switching to an account that includes unlimited debits can help save money every month by reducing excess fees.

Living in the ATM age

ATM fees can add up too. You should always try to use your own bank's ATM whenever possible. If you don't, you could end up paying twice for each transaction – once to the bank whose machine you're using, and once to your own bank. But sometimes it's unavoidable. An account that waives ATM fees when you use another bank's ATM could save you from some of these charges. Another trick is getting cash back from retailers when you make purchases on debit.

Banking for two

Different people take different approaches to banking – some couples use a joint account for everything, and others prefer to keep their banking separate. Whichever scenario you and your partner or spouse fit into, you may be able to save on monthly fees by switching to a banking package that includes multiple accounts for a single fee.

Bundle up and save

The same principles that apply to the other bundled services in your life – your cell phone plan or your cable television package, for example – can be applied to your personal banking services. And if your current financial institution doesn't offer you discounts on bundled services and accounts, or flat-rate accounts that eliminate *à la carte* charges for transactions you make regularly, it might be time to consider switching banks. A bit of time spent shopping for the right bank account can lead to big savings at the end of the year.

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BRETTE EHALT/FOR METRO CALGARY

▶ Members of the Summerstock cast perform Bushel and a Peck, one of the numbers in the musical theatre production of Guys and Dolls.

Students tread boards with gambling, gospel

Ticket-sale proceeds to fund senior performers in their post-secondary educational pursuits, says producer

BRETTE EHALT
CALGARY@METRONEWS.CA

"Upbeat and fun."

That's how Taryn Dixon, dancer and recent high school graduate, describes Summerstock Theatre's production of Guys and Dolls.

Summerstock Theatre is operating through Westmount Charter School, Calgary's only outdoor theatre program.

Guys and Dolls is the theatre's eighth consecutive summer production, although they performed this same show before, back in 2003.

12
The number of Guys and Dolls performances you can choose from this summer. The last show is on Aug. 7.

Over 70 high school and post-secondary students — all with different academic backgrounds and career goals — take part in this year's performance.

"I keep coming back for the people," said Aeron Mundell, 19, who plays Miss Adelaide onstage, and in real life is a second-year jewelry major at ACAD. "This is my fifth year with Summerstock."

Dean Combitsis, 20, a Drama major at U of C, plays the lead, Nathan Detroit, and does so for "the personal satisfaction of it."

"I love the energy we all bring," he added, speaking of his castmates.

Student producer Alison Buchanan said, "We have a very talented cast this year. A lot of preparation has gone into this."

Shows run nightly at 6.36 p.m. at Olympic Plaza; tickets are $12 and can be purchased at ticketmaster.ca.

POLITICS

List exposes politico's influence

"Chandlers List" is written and the anonymous creator of the website is taking names — names associated with Craig Chandler, that is.

A self-professed Calgary political follower created the website to expose Chandler and his "Chandlerites" — political candidates allegedly under his guidance.

"Chandler certainly has a right to back candidates and manage campaigns. But I feel it's a public service to highlight which candidates are tied in with him," the creator said.

Chandler's response?

"No comment. If people want to do something like that I must be doing something right, and I'm going to ignore it and focus on things that matter," Chandler said.

KRISTA SYLVESTER

Father to be charged in incident

Charges are pending against the father of a child abandoned in a van, with windows and doors locked and closed, Saturday in sweltering heat at the Stoney Nakoda Casino.

Cochrane RCMP broke the passenger's side window of the van after security staff called, and recovered the child who was dehydrated and covered in sweat, according to police. METRO CALGARY

KRISTA SYLVESTER/METRO CALGARY

▶ Calgarian Brett Moar has received an award from Calgary police for calling 9-1-1 during an attempted robbery.

Teen praised for help

Darcy Docherty, 18, charged with robbery, possession of a dangerous weapon ◐ CPS responded to incident yesterday just after 12 a.m.

KRISTA SYLVESTER
@METRONEWS.CA

Calgary police are commending a 19-year-old man for his role in helping put a stop to an armed robbery on a city transit bus early yesterday morning.

Brett Moar witnessed a man allegedly threatening another man with a knife on the bus near the 400 block of 52 Street NE. He then jumped off the bus to call 9-1-1.

"I knew I could have saved the day and been a big hero, but I let police do their job and they did. That's what I'm grateful for," Moar said.

Police gave Moar a certificate thanking him for his help yesterday afternoon.

Youth score honours for 'Healthy Hands' kit

Local student entrepreneurs cleaned up at a North American business competition and their team was crowned the 2010 Company of the Year for their "Healthy Hands" product.

The Junior Achievement Calgary team of 15 students, ranging in age from 15 to 17, won the North American JA Company of the Year competition in Minneapolis, Minn., this month, making a Calgary group the winner for the second straight year.

$6,000
The amount of revenue "Healthy Hands" raked in with its hand-sanitizing kit, a seven-time return on its investment.

"We were thrilled when we won, over the moon, actually," team vice-president Michael Smith said.

The group developed a "Healthy Hands" handwashing kit that not only cleans hands but also comes with a UV light to show where people may have missed some dirt.

"I thought I was a good hand washer, but was pretty grossed out when I saw what I missed."

KRISTA SYLVESTER

MISSING COUPLE

'Tired' Vader sought out sister

The sister of a man RCMP have questioned about the disappearance of an elderly Alberta couple says he showed up at her home "tired and sick" the day after the McCanns went missing.

Bobbi-Jo Vader made the comments yesterday after her brother's court appearance in Edmonton on unrelated charges.

Travis Vader had been on the run from police and had been living in the bush when he drove up to her Edmonton doorstep July 4.

Lyle and Marie McCann were last seen July 3 when they gassed up their motorhome in their hometown of St. Albert, just north of Edmonton.

Vader said she doesn't believe her brother had anything to do with the McCanns' disappearance.

THE CANADIAN PRESS

Ogden Road flyover bridge open

Nearly a month ahead of schedule, the Ogden Road flyover bridge on southbound Deerfoot Trail will open to motorists. Before 6 a.m. today, all three lanes over the bridge will be open. The project, which began May 3, cost $2.1 million.

METRO CALGARY

Tractor driver dies after crash

A 64-year-old driver of a John Deere farm tractor died Monday following a collision with a semi-tractor trailer unit. RCMP responded to the scene east of Strathmore on Highway 1 around 5 p.m. The other driver suffered minor injuries.

METRO CALGARY

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StatsCan boss tells why he quit

Clement says new status will work But Sheikh not buying it

The country's former chief statistician says he quit his job when it became apparent his agency has suffered a hit to its credibility.

An emotional Munir Sheikh, who resigned his post last week, told a House of Commons committee that he could not stand at the helm of Statistics Canada once it was reported his agency had recommended scrapping the mandatory long-form census.

His voice broke as he quoted an article the former clerk of the privy council, Alex Himelfarb, has written in support of him.

He went on to outline exactly what spurred his departure.

"The reason I stepped aside was because of some media stories that Statistics Canada was not just implementing the decision, but recommending it," Sheikh said.

Those media stories arose from statements Industry Minister Tony Clement made in interviews, saying that he had gone with a recommendation of StatsCan to replace the long-form census with a voluntary survey.

Clement has since clarified his comments, and repeated at the committee that the decision to scrap the census was made by the federal cabinet alone. Clement also said the government would go to great lengths to ensure the voluntary survey would be a suitable replacement for the long census.

But Sheikh, and his predecessor Ivan Fellegi, emphasized that the data would be of a lesser quality with a voluntary system.

"The issue for us is the quality of that data, and we acknowledge, as the minister did, that (the politicians) are the ones who make the decisions, not the public servants."
MUNIR SHEIKH

THE CANADIAN PRESS

Anchors. Away

▶ Laura Dekker poses for the media on her boat Guppy in Den Osse, Netherlands, yesterday.

EVERT-JAN DANIELS/THE ASSOCIATED PRESS

Court clears teen to sail

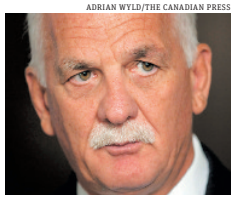
A Dutch court cleared the way for 14-year-old Laura Dekker to embark on a risky attempt to become the youngest person to sail solo around the world.

Feds step into RCMP commish conflict

The country's top bureaucrat has ordered a "workplace assessment" of the RCMP to help massage internal conflict amid concerns Mountie Commissioner William Elliott is rubbing senior staff the wrong way. Privy Council Clerk Wayne Wouters will appoint an adviser to look into the turmoil after senior members of the force complained about bullying and abusive behaviour by the force's first civilian commissioner.

THE CANADIAN PRESS

ADRIAN WYLD/THE CANADIAN PRESS



"Our government expects this to occur expeditiously and without further rancour."
PUBLIC SAFETY MINISTER VIC TOEWS ON RCMP WORKPLACE ASSESSMENT

Tory numbers down: Poll

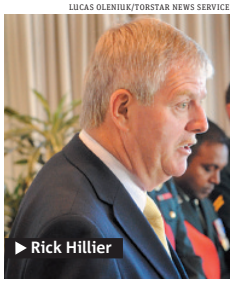
A new poll suggests opposition parties are gaining on the Conservatives across almost the entire country.

The Canadian Press Harris Decima survey suggests the Tories' national lead over the Liberals slipped to five percentage points from eight. The biggest drop for the Tories was in the vote-rich province of Ontario, where they're tied with the Liberals.

But both parties have lost ground to the NDP in British Columbia, while all three are far behind the Bloc Quebecois in Quebec. Harris Decima says the results are accurate to within plus or minus 2.2 percentage points, 19 times out of 20.

THE CANADIAN PRESS

LUCAS OLENIUK/TORSTAR NEWS SERVICE



▶ Rick Hillier

Hillier: Error to blame for leak

Canada's former chief of defence staff says human error is likely to blame for a leaked U.S. document that suggests four Canadian soldiers who died in Afghanistan in 2006 were killed by friendly fire.

The documents are part of a massive stack of U.S. military reports released Monday that document six years of NATO's combat mission in Afghanistan.

Sgt. Shane Stachnik, Warrant Officer Frank Robert Mellish, Pte. William Cushley and Warrant Officer Richard Francis Nolan, were killed Sept. 3, 2006, in a bloody battle with the Taliban. General Rick Hillier says it's a cardinal rule among soldiers in the field to take every piece of information with a grain of salt.

THE CANADIAN PRESS

info2 know

Dangers of the Bow River weirs

The Bow River weirs can kill you.

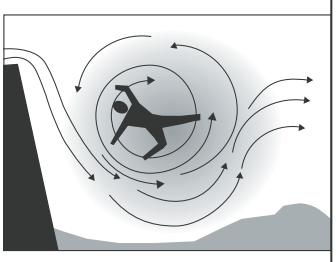
Many have died trying to boat or swim over the weir in the Bow River, downstream of St. George's Island near the Calgary Zoo. The water is equally dangerous near the weir at Wyndham-Carseland Provincial Park and above or below any dam.

Venturing over the weir is risking death. No matter how big your boat is, water currents at the weir's base will grab and capsize it. Once you are caught in the swirling water, escape is impossible. In addition, construction at the Calgary weir is ongoing and the area continues to pose a deadly hazard.

How to avoid the dangers:

- Read and heed all warning signs
- Portage around weirs
- Do not play near weirs
- Warn your friends and family

For more information about safety around weirs, call 403-297-6517.



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Facebook helps find suspect in deadly robberies

Family friend finds suspect on social networking site Filipino man accused of killing 9 people

Philippine police tracked down a suspect in a series of grisly robberies and murders with the help of his Facebook account, officials said yesterday.

Mark Dizon, a 28-year-old computer technician, did not resist when arrested while talking with his father in a public square in northern San Fernando city, police Senior Superintendent Danilo Bautista said.

He is accused of killing nine people — six Filipinos, an American, a Canadian and a Briton — in three different robberies at hotels and homes this month in Angeles city. The area, near the former U.S.-run Clark Air Force Base some 80 kilometres northwest of Manila, is home to many retired expatriates.

Dizon, who is from a well-off family and according to police had a fascination with guns, was Facebook friends with the daughter of one of the victims. A friend of her family showed his photo on the popular social networking site to witnesses to help identify him, police said.

Dizon denied involvement in the killings, Bautista said.

"He was fond of computers and this gave him away," Bautista said.

THE ASSOCIATED PRESS

Canadian killed

Same pistol was used in all the killings, police say.

- Canadian Geoffrey Alan Bennun, 60, and his Filipino girlfriend were shot to death after a robber broke into their hotel room on July 12.
- Four days later, Briton James Bolton Porter, 51, and his girlfriend were killed by a gunman in their house.
- Dizon allegedly later pawned some of the possessions taken from Bennun, including a laptop and a cellphone.

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Casting call for Afghan village

Participants in mock army settings have been known to blur the line between training and reality

JENNIFER O`CALLAGHAN
FOR METRO CANADA

An open casting call is being held in Burnaby, B.C., next month for people to play various roles in a mock Afghan village in Alberta.

It'll be used for cultural sensitivity training for Canadian soldiers and set up by members of the film industry in Wainwright, B.C.

Casting director Rhonda Fisekci said she's looking for Afghans, Muslims and amputees aged 18 to 60.

"We need people who speak Farsi or Dari to play interpreters. We also need background people who can fill out the village and make it look like a real town," she said.

"Our goal is to get real Afghans, but we can hire people to dress up like villagers, too."

"We have special effects on heavy casualty days when people go into battle. There's a lot of blood, guts and gore."
RHONDA FISEKCI, CASTING DIRECTOR

Fisekci added it'll look like a film set without cameras.

"We have special effects on heavy casualty days when people go into battle. There's a lot of blood, guts and gore."

No weapons or live fire will be used.

Vancouver resident Gen Handley played a reporter in a similar training exercise in Wainwright four years ago. He called the experience "surreal."

"People took their roles seriously. Tempers did rise between the Afghans and soldiers," he said.

"The line between training and reality became blurred at times."

The training sessions will be held between Aug. 21 and Nov. 1.

The casting starts at 2 p.m. on Aug. 4 and 5 at the Holiday Inn in Metrotown, 4405 Central Blvd.

Casting is being done outside of Calgary and Edmonton this year because more than 200 people are needed for key and background villager roles.

Participants will be paid between $195 to $290 per day.

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Confidence in economy down again: Surveys

Canada more confident than U.S. Job numbers still growing in Canada Europe remains a concern

Fears of an economic slowdown or worse are draining consumer confidence in both Canada and the United States, two new surveys suggest.

The Conference Board of Canada said Tuesday that its survey of consumers showed Canadians becoming less bullish about their prospects, with confidence dropping for the second straight month in July.

And unlike in June, when gloom was restricted to Ontario and British Columbia, the think-tank says this time all regions are more bearish, particularly on the question of future job prospects.

The results were the same in the U.S. reading, as confidence also fell for the second straight month.

However, the latest softening pushed the Canadian index to 80, compared to the 50 level south of the border.

Analysts said the major difference in the readings is the disparate employment situations in the two countries. In recent months, Canadian job growth has been far greater than expected — a 93,000 pick-up in June — while the U.S. has seen its job growth stall and even fall back with a 125,000 loss during the same month.

THE CANADIAN PRESS

RYAN REMIORZ/THE CANADIAN PRESS

Market moment

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Apple shows new desktop

Apple unveiled the latest update to its line of desktop computers yesterday, promising faster speeds and offering the option of multi-touch controls similar to those used on the iPhone. THE ASSOCIATED PRESS

China buys into zinc in Canada

Chinese company Tongling Nonferrous Metals Group is investing $18 million in Canada Zinc Metals Corp., which will use the money to advance its Akie zinc-lead property in British Columbia.

THE CANADIAN PRESS

Rogers has new cell brand

Rogers has lost new cellphone customers due to increased competition but expects to retain its lead with the help of its new unlimited talk and text brand, Chatr.

THE CANADIAN PRESS

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UNPLUG ... UNWIND ... AND DROP OUT

Just sayin'

PAUL SULLIVAN

I'm about to go on vacation.

You know, "vacation?" When you trade the office, the desk, the phone and high-speed Internet for the hotel room with the desk, the phone and high-speed Internet.

Vacations are quality time spent with "families" when you only check your messages 35 times a day instead of the regular 70. It's that time when you can get out on the beach or the golf course and listen to all the tweets.

There are even some birds left, too.

Wait a minute! Stop the insanity! It's time to draw a line in the sand. What better time and place than on vacation, where sand is often available.

On this vacation, I pledge to unplug and rediscover my surroundings, in this case the coast of Oregon, which has some of the most awe-inspiring sand on the planet.

It won't be easy, because wherever I go I can get to five bars and do business, 24/7. Somewhere on Earth there's a client who needs me, a deadline to be met, an email to answer, a friend request, a follower to add. The plan is to set up the Mother of All Firewalls, let nothing through and just sit there, contemplating the sand between my toes.

"Somewhere on Earth there's a client who needs me, a deadline to be met, an email to answer, a friend request, a follower to add. The plan is to set up the Mother of All Firewalls ..."

I'm a little concerned since there's another person coming — my wife — and she will probably expect me to interact with her in real time, face-to-face, and we're not talking Facebook. Relationships these days consist of two people sitting in deck chairs with devices talking to everyone they know except each other. What do we say to each other? Like OMG, who RU?

I'm hardly the only one who feels this way. Out there, on the road, at the breakfast buffet, the beach, the patio, I'm likely to encounter other fidgeting workaholics sneaking desperate furtive glances at their BlackBerrys while pretending to be interested in this seashell or that sunset. To you I say:

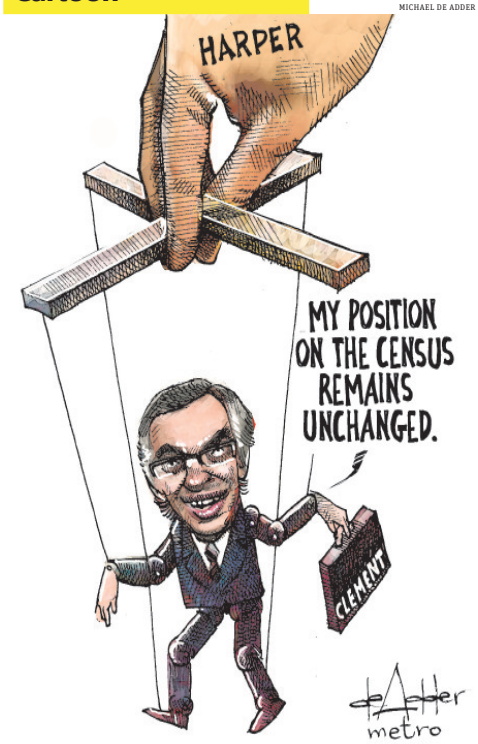
We're pathetic. A couple weeks a year — at least — it's a good idea to stop being important multi-tasking members of the hive and just Be. Be a husband, a dad, a wife, a daughter, a son, a (real) friend. Caution, this requires something called an attention span, with which you may not be familiar.

Cold turkey, that's my only hope. Leave the smart devices at home and take only the stupid ones, like a flip phone with a My Sharona ring tone for ordering pizza in Cannon Beach.

Now, how do you set up those "I'm away until Aug. 16" messages on email ...

Cartoon

MICHAEL DE ADDER



Time & money continuum

Letters & Tweets

We asked: What would you rather have more of, time or money?

TORONTO. Why choose one when you can have both.

Build a "residual" income business ... within two to five years anyone can be financially free. I'm building my business so I don't need to trade my time for money until I'm 65 and have no pension when I get there. That's another 27 years of work for me.

This is going to let me enjoy time with my family and do the things we want, when we want. So there is no need to choose one when you can do some work for the next few years and build something that will pay you forever. You deserve it don't you?

RICK MORRA

HALIFAX. @newlab_tunes: I would rather have more money. I would kick-start my website, pay my parents back and live more comfortably, & donate to IWK.

TORONTO. I would like to have a little of both. I work in an office (IT) and I find I don't nearly have enough time to do my work. You can never have too much money in today's world with HST, eco fees, transit passes, bailouts, interest rates, mortgage payments — the list goes on and on.

JASON DUSTER

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Metro Minute with a walk in the city

If you don't run, walk with the Eau Claire Market Running Room instead.

Walkers meet tonight at 6 in the store, unit A01, 200 Barclay Parade SW, and on Sunday mornings at 8:30.

It's your choice: Walk alongside members of the Fitness Walking Clinic, who venture out for 20 to 30 minutes; climb hills with a second group; or walk eight to 10 kilometres with a third group.

About 30 to 50 people attend every week, said Janine Jowett-Heuchert of the Running Room.

"Walking is low impact, but you still get the same benefits as running," she said.

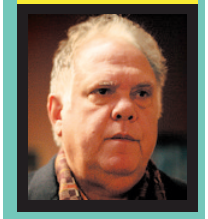
METRO CALGARY

CONTRIBUTED

▶ Take a walk with the Eau Claire Market Running Room.

2 scene

News in brief



Maury Chaykin, a mainstay of Canadian film and television who established himself through such iconic roles as a faded rock star in Whale Music, has died at age 61.

The Gemini and Genie Award-winning actor died Tuesday morning after battling kidney problems, said Mark McKinney, who produced Chaykin's most recent series, the HBO Canada sitcom Less Than Kind.

"He was one of our greatest actors," said McKinney, adding that the cast was devastated by the death.

THE ASSOCIATED PRESS

Paul McCartney reflects on performing for Obama

Actress voices hairless feline determined to destroy the world in Cats and Dogs: The Revenge of Kitty Galore ◐ Supports green projects when not in the studio

▶ A scene from Cats and Dogs: The Revenge of Kitty Galore, which includes voice work from Bette Midler.

Bette Midler sinks her teeth into villain

NED EHRBAR
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METRO WORLD NEWS IN LOS ANGELES

In Cats and Dogs: The Revenge of Kitty Galore, singer, actress and all-around entertainer Bette Midler got to sink her teeth into the titular villain, a hairless cat hell-bent on world domination. And Midler admits the desire to take over the world was pretty easy to relate to.

"I think a lot of female entertainers think about that when they start out," she says. "I did."

But as for her character turning evil after an on-the-job accident causes her fur to fall out, Midler insists that's where they differ. "Something happens to my hair in real life every day and I don't," she says with a laugh.

Dealing with hair issues is something she says she learned about early on in her career. "A long time ago when I first started in the theatre, I was in Fiddler on the Roof, and one of the girls in Fiddler was a Puerto Rican girl," Midler remembers. "The opening night, she had done something to her hair, she had tried to straighten her hair or something, and her hair fell out. Literally. And she didn't even blink. She went out, she got a piece, she slapped it on, she went out, she gave the performance of her life. And I never forgot that. From that time on, I never thought twice. I just look around, grab a piece, put it on and go."

"It's our 15th anniversary this year, and it's been fantastic. (New York Restoration Project) has been one of the great projects of my life." BETTE MIDLER

Of course, doing voice work for her latest film didn't require much concern about her hair. "It's not just isolating, it's lonely," she says of the recording sessions. "Because it's just you in a dark room with a sketch of a character or sometimes a filled-in scene, but you don't work with the other actors. It's like one long looping session, I said. It's like, 'Oh my God, ADR for days.'"

As much as her feline counterpart is determined to destroy the world, Midler has been working for more than a decade on saving it — or at least her home city.

"A couple of years ago, I teamed up with the New York City Department of Parks and Recreation to plant a million trees in New York City, and we've planted about 375,000 so far in the last two years," she says.

"I also am the founder and chairman of an organization called New York Restoration Project. We clean abandoned parks and public places, and we also own 55 community gardens where people in the community grow their own food."

JASON KEMPIN/GETTY IMAGES

▶ Jersey Shore star Michael "The Situation" Sorrentino rings the opening bell at the New York Stock Exchange yesterday.

'Dirty' Jersey finally gets new identity

TV shows sending out image of state as loud, brash and in-your-face ◐ Governor claims identity is false

On TV these days, it may seem like it's all Jersey, all the time.

Housewives flipping tables and yanking out hair weaves. A good-natured but hot-tempered cake baker, muttering his more choice expressions in Italian. Stylists teasing up big hair. And of course, the horny, hard-drinking, foul-mouthed crew at the Jersey shore beach house.

Be careful what you wish for: Long derided as an insignificant suburb of New York and Philadelphia, New Jersey has yearned for a national identity. Well, it has one now, at least on the television screens of America. And, Maddone! What an identity it is!

"It's like Dirty Jersey — kind of trashy," said Casey Maher, 18, of Islip, N.Y. "I like it!"

Maher and three friends, all from Long Island, were in Seaside Heights, standing one recent evening across the street from the now-famous, brown-shingled beach house where the cast of Jersey Shore was to begin filming the show's third season.

"It's not some place you have to be all proper," said 17-year-old D'Anna Cervone.

"It's casual living," added 18-year-old Brittany Banks. "It's cool here."

"The Jersey shore is a beautiful place, and it's a place that everybody should come on vacation this summer."
NEW JERSEY GOV. CHRIS CHRISTIE

There are four reality TV shows set in the Garden State, and they're among the most popular of the genre: The Real Housewives of New Jersey on Bravo; MTV's Jersey Shore, the chronicle of 20-somethings having a blast at the beach; TLC's Cake Boss, about the goings on at Carlo's Bakery in Hoboken; and Style Network's Jerseylicious, about battling hair stylists in Green Brook.

But the image of New Jersey that's going out to the rest of America is loud, brash, in-your-face, big hair, small vocabulary, Italian surnames a must.

New Jersey Gov. Chris Christie, a fanatic for the state's most famous rocker, Bruce Springsteen, says that image is a false one.

He said the MTV show "takes a bunch of New Yorkers, drops them at the Jersey shore, and tries to make America feel like this is New Jersey."
THE ASSOCIATED PRESSS

Jersey Shore cast rings bell at NYSE

The cast of MTV's The Jersey Shore has skipped the beach for a day to go to Wall Street.

The cast was at the New York Stock Exchange yesterday morning to ring its opening bell.

Nicole "Snooki" Polizzi gave a thumbs up to stock brokers before ringing the bell and waving to the crowd.

Fellow cast members Paul DelVecchio and Vinny Guadagnino pumped their fists in the air, and the rest of the group applauded.
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MTV tops GLAAD with 'excellent' rating

Report examines hours of TV time that include gay, bisexual, transgender people CW and Fox also rank high while CBS gets "Failing" grade.

MTV held a solid lead among 15 networks for its representation of gay characters last season, according to a report released Friday.

In its fourth annual Network Responsibility Index, the Gay & Lesbian Alliance Against Defamation found that of MTV's 207.5 hours of original prime-time programming, 42 per cent included content reflecting the lives of gay, bisexual and transgender people. This earned MTV the first-ever "Excellent" rating from GLAAD.

"MTV programs like The Real World and America's Best Dance Crew have offered richly diverse portrayals of gay and transgender people that help Americans better understand and accept our community," said GLAAD president Jarrett Barrios.

Among broadcast networks, the CW was on top with 35 per cent, while Fox ranked a close second with 30 per cent. ABC, with 26 per cent, got a "Good" rating, while NBC was "Adequate" with 13 per cent. CBS' 7 per cent earned that network a "Failing" grade from the report.

"Programs like The Real World and America's Best Dance Crew have offered richly diverse portrayals of gay and transgender people "
JARRETT BARRIOS, GLAAD PRESIDENT

GLAAD noted, with approval, the parenting role played by gay couple Mitchell and Cameron on ABC's Modern Family, and the story line on Fox's Glee where high school student Kurt comes out as gay to his father.

THE ASSOCIATED PRESS

▶ The sitcom Modern Family features a gay couple Mitchell (centre) and Cameron (right) who have an adopted child.

▶ Writer Chuck Klosterman.

Eating his words

Klosterman on his writing process and toying with his interviewers

Chuck Klosterman tends to wax meta. Throughout his career of analyzing music, sports and pop culture, the hyper-self-aware essayist can't help but insert his very specific experience into topics such as how much David Koresh had in common with Kurt Cobain and the logistics of time travel.

For instance, in the opening chapter of his latest compilation of essays, Eating the Dinosaur, now out in paperback, Klosterman dissects the process of conducting interviews — something he's been on both sides of — admitting he openly lies during some interviews, and drawing the conclusion that they're relatively pointless.

It makes for a perfectly awkward moment when it comes time for Klosterman to be interviewed to promote this book. He already knows he may have shot himself in the foot this time.

"Well, I have to say it has effectively stopped people from trying to interview me," he jokes. "In general, I get written about less now than I did a few years ago. But maybe the essay has something to do with it, I don't know."

Eating the Dinosaur by Chuck Klosterman

But back to David Koresh and Kurt Cobain: Klosterman's approach to his essays, which tend to draw parallels between seemingly incongruous elements and people in pop culture, are like a game of "which one of these things doesn't belong?" in reverse.

"I don't really know what I think about something until I write about it," he explains. "I think, 'Why do I like these two things? Because it feels like I like them in the same way.' Writing is the process of deducing that."

METRO WORLD NEWS

NBC affirms Office star's departure

▶ Actor Steve Carell leaves his post as erratic boss Michael Scott in The Office once his contract expires in 2011.

Comedy sitcom will remain in its current time slot, say execs.
Carell says leaving was based on creating work/family life balance.

NBC may wish Steve Carell was just joking, but a network executive said The Office star has consistently told NBC he's leaving after this coming season.

In the network's first acknowledgment of Carell's plans, NBC Primetime Entertainment President Angela Bromstad said Monday the actor's seven-year run as erratic Dunder Mifflin boss Michael Scott will end when his contract expires in 2011. But Bromstad said the show will go on.

"We've been lucky to have had him as long as we've had. These things happen when you have such a major movie star in a show," she said.

In an affirmation of NBC's faith in a post-Carell The Office, Bromstad said the sitcom will remain in its 9 p.m. EDT Thursday time slot. It's the linchpin of NBC's schedule on a key TV night of advertising revenue.

"Not to diminish the departure of Steve, because that will impact the show, but we have tremendous faith in the writers and actors to keep it alive," Bromstad said.

THE ASSOCIATED PRESS

Award-winning

The Office's talented cast has garnered much attention over the years.

A regular Emmy nominee for best comedy series and winner of the award in 2006, The Office is holding steady in the ratings. It drew 700,000 more viewers last season than it did two years ago, rare for a veteran show.

Carell, 46, who's become a busy big-screen actor during his Office tenure, has said in interviews he plans to leave the series to better balance his work and family life. He's married with two children.

Carell voices the lead character in the new animated comedy Despicable Me and stars with Paul Rudd in Dinner for Schmucks, out this week. His other film credits include Date Night and The 40-Year-Old Virgin.

The door is open if he wants to make return visits to the show, Bromstad said.

THE ASSOCIATED PRESS

Wilson countersues in fraud case

Actor Rainn Wilson of The Office has countersued a Portland company in a website development dispute.

He's seeking at least US$400,000 in damages from Think Brilliant, accusing the company in a recent federal court filing of fraud and breach of trust.

Think Brilliant sued Wilson earlier this month, seeking $11.3 million and alleging the actor failed to properly compensate the company for website development work. Think Brilliant also contends Wilson hacked into its database and accessed confidential materials.

The actor and the company had an apparently amiable relationship over two years as Think Brilliant helped develop Wilson's whimsical website, SoulPancake.

THE ASSOCIATED PRESS

TV Picks

Two-hour dance special

REALITY Finalists flip, spin and twirl their bodies into jaw-dropping moves in a two-hour live performance episode of So You Think You Can Dance. Last week, judges stunned audiences when they decided not to eliminate any contestant, so two will get the boot this week. (CTV, Fox)

Sir Paul visits White House

AWARD Sir Paul meets Barack Obama in Paul McCartney: In Performance at the White House. At this recent event, the U.S. president and wife Michelle Obama host an event to present the former Beatle with the Gershwin Prize for Popular Song at a gala also attended by Stevie Wonder, Elvis Costello and Jack White. (PBS)

THE CANADIAN PRESS

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Angie sings Papa Brad's lofty praises

In addition to being impossibly handsome, wealthy and famous, Pitt is also a 'wonderful father'

Actress Angelina Jolie, in Tokyo for the weekend opening of action thriller Salt, brushed off rumours about her shaky relations with Brad Pitt.

"He was just a wonderful father," she said yesterday of Pitt, during work on the film, in which she plays a tough spy. He often brought the children to the set, she recalled.

"They played with fake blood, and they found mommy very strange in her different hair," she said.

Pitt and Jolie have been partners since they began a relationship while working on the 2005 film Mr. & Mrs. Smith. They are raising six children.

Last week, Pitt and Jolie accepted undisclosed damages to settle a privacy claim against a British tabloid that had reported in January that they were planning to split.

THE ASSOCIATED PRESS

GETTY IMAGES

▶ We're a regular family, just like you. Only much, much better in every single way

Twitter block

▶ Angelina Jolie has finally joined Twitter, but she isn't using the micro-blogging site to keep fans updated on her personal life. Jolie reportedly secured her username and then locked it, according to Us Weekly. The account isn't following any other users or allowing followers.

METRO WORLD NEWS

GETTY IMAGES

▶ President Jean?

Will Wyclef be *Gone till November* elections in Haiti?

Wyclef Jean has been doing all he can to help Haiti, and now some of the island nation's people want him to do even more, telling CNN that some of the locals have "drafted" him into politics by insisting he run for president. "I can't sing forever," he admits. And while Canadian newspaper Le Droit reports that the musician has filled out the necessary paperwork for a run for office, his rep says it's still premature.

METRO WORLD NEWS

When all she really needs is a new dad

Michael Lohan is hoping a frank talk about drug abuse from some famous faces will be what it takes to get his troubled daughter Lindsay Lohan to see the light and clean up her life. "My people are reaching out to Robert Downey Jr. and to Mark Wahlberg. I know both of them and Mark is a tremendous human being," Michael told a Nashville radio station earlier this week.

METRO WORLD NEWS

Talking points

No plans to let Lohan out early

GET YOURSELF COMFY. Lindsay Lohan's hopes of getting out of prison after barely a week will be dashed, if the Los Angeles County Sheriff's Department has anything to say about it, according to Hollyscoop. Lohan's lawyer had been working on getting her client released before the end of the month, but according to Sheriff's Department spokesman Steve Whitmore, "She won't be released this week."

Madonna reinvents child labour

MATERIAL GIRL. Madonna says she's very happy with her latest clothing line at Macy's — and with the fact that her daughter, Lourdes, is doing most of the work. "Since I have a few careers going, I decided that I wasn't going to get into designing this line by myself. No question, Lola seemed the perfect choice," Madonna tells USA Today.

METRO WORLD NEWS

Celebrity tweets

John Mayer [@johncmayer] Lots of beautiful ladies in NYC this afternoon.

Ian Somerhalder [@iansomerhalder] Back in Atl, great city worst water in America... Why? Does everyone enjoy brushing teeth in pool water? More chlorine than any other major city I've seen. Uhh, can we find out why and change this? Children drink this stuff? Not good

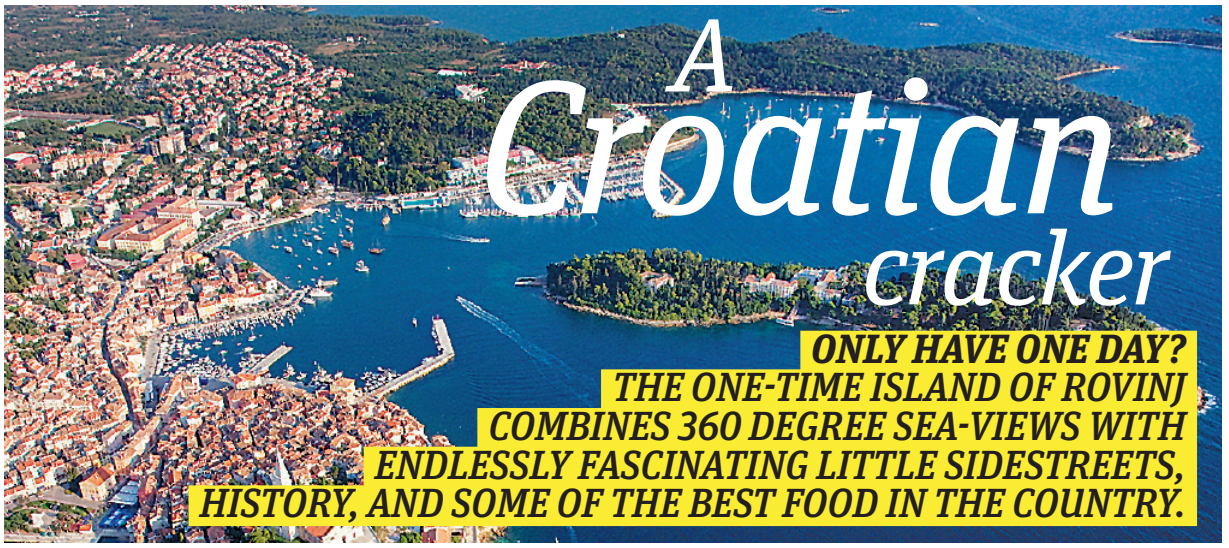
Sarah Silverman [@SarahKSilverman] Why isn't there a bone protecting our throats? There's so much important stuff in there.

METRO WORLD NEWS

Britney meets her boyfriend's folks

SETTLING DOWN. Things seem to be getting serious between Britney Spears and Jason Trawick, her former agent and current boyfriend. The pair even had a night out recently with Trawick's parents, enjoying an early dinner before heading to a show at the Pantages Theater in L.A., according to People magazine. "Britney seemed to fit in very well with his family," a source tells the magazine.

METRO WORLD NEWS



A Croatian cracker

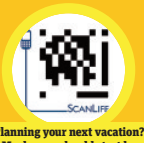
ONLY HAVE ONE DAY? THE ONE-TIME ISLAND OF ROVINJ COMBINES 360 DEGREE SEA-VIEWS WITH ENDLESSLY FASCINATING LITTLE SIDESTREETS, HISTORY, AND SOME OF THE BEST FOOD IN THE COUNTRY.

3 life

Top pick

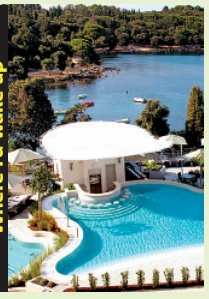
Travel find this week:

1 **Hotels:** Delta Hotels & Resorts just cut rates by up to 50 per cent at hotels in more than 25 locations across Canada. Room rates start at $87 per night for stays through Sept. 6. The offer expires Aug. 4. Call 1-888-573-4829 and use promotion code TZC to book.



Planning your next vacation? Maybe you should start by looking at the stars

Where I'd wake up



Hotel Monte Mullini

montemulinihotel.com

Rovinj's first five star hotel is breath-taking. Beautifully designed into the hillside, fabulously light and airy, big rooms, and views of the bay everywhere you look. Impeccable service, great restaurant and extensive wine list with some Croatian gems. Superb.

D. TALAJIC

Where I'd lunch

Monte

monte.hr

Footsteps away from the Cathedral awaits this funky and informal but very high calibre restaurant. Expect the freshest foods from Rovinj's market and the freshest fish form Rovinj's sea or just leave yourself in the hands of gaffers Tjitske and Danijel Djekic.

Where I'd have dinner

Enoteca Al Gastaldo

This family-run corner restaurant, on Iza Kasarne, specialises in high-quality shellfish, sole and lobster dishes which aren't cheap but are superb. Failing that try any of the equally decent seafront places which make up for their cordon bleu failings.

Spend the morning

Cathedral of St Euphemia

Garibaldijeva 1

The imposing early 18th century tower is the centrepiece of this low-rise town, and a great reference point. Religious relics fans will love the remains of St. Euphemia, a virgin fed to the lions before her bones miraculously floated to Rovinj.

FLICKR CC ZHAFFSKY

Spend the afternoon

Hit the beach

There are a number of beaches around Rovinj. All are pretty, most are rocky. It's annoying at first but take a pair of flip-flops and the sea is so perfectly warm and the surroundings so stunning that you soon get used to it. If you're a purist, Cuvi beach, to the west, actually has a modicum of sand.

How I'd spend the night

The Monvi Centre

Something like a clubbing theme park this, with all the grooviest bars and dancefloors all in one place. Music runs from serious dance, to punk and rock, to Croatian pop and folk. The centrepiece is the Amfiteatar and pool bar, which hosts major gigs.

METRO WORLD NEWS

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The New York in-betweener

Too late for breakfast and to early for lunch? Clearly it's time for brunch. The only time of the day where its considered ok to mix waffles with chicken and egg with your vodka

ROMINA McGUINNESS
TRAVEL@METRONEWS.CA
METRO WORLD NEWS IN LONDON

"Nothing makes you forget late nights and hangovers quite like a New York brunch."

Pies N Thighs

THE PICK ME UP BRUNCH
Balthazar

Regardless of anything else, the fact they thought of a hangover drinks list makes Balthazar a winner. Try a Champagne Pick me up (champagne, orange juice, grenadine) with your runny eggs "cocotte" and soldiers. Patisserie section with home made donuts, croissants and brioche.
balthazarny.com

THE COMFORT BRUNCH
Pies 'n' Thighs

Forget calorie counts and tuck-in to the crispy fried chicken and waffles or the smoked pork hash and eggs. For the sweet toothed the donuts and peanut butter pie are heavenly.
piesnthighs.com

THE, ER, LATE NIGHT BRUNCH
Bubby's pie company

Bubby is grandma in Yiddish. Regulars may or may not know this, but they do know about the Midnight brunch (until 7 a.m.) meaning they can have apple pie or a stack of sautéed walnut and banana pancakes way past 'civilized' hours.

The spicy Bloody Mary will perk you up, morning or night.
bubbys.com

Bubby's

Balthazar

THE CLASSIC BRUNCH
EGG

Southern style easy come, easy go atmosphere. Folk music accompanies your "Rothko" eggs.

The thick slice of brioche is punctuated in the centre making space for a sunny side up egg sprinkled in Grafton cheddar.

Brunch is served until 3 p.m., by which time you could be tempted by the Carolina Kale or fried oyster sandwich featured on the lunch menu.
pigandegg.com

THE LIQUID BRUNCH
Schillers liquor bar

Bleary-eyed brunchers appear super cool and in no way grubby in their faded creased clothing.

The antique subway tiles and faux mirrors bring the bohemian vibe up a notch.

Once seated, order a dark chocolate Russian cocktail with alcoholic egg cream followed by a sour cream and hazelnut waffle. **schillersny.com**

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Cyprus chill

Ayia Napa has become synonymous with clubbing, boasting one of the world's biggest scenes But there's more to this pretty corner of Cyprus

DAILY BUDGET	EAT	STAY	GO
$65	***DE MEDICI*** A real-deal Italian restaurant in the centre of Ayia Napa offering a relaxed atmosphere, delicious and authentic cuisine, homemade foods, all prepared using the fresh and finest ingredients. **demedici.info**	***NAPA PRINCE*** Not the prettiest holiday rooms, and a little walk from the beach, but shop around online and grab yourself a real bargain. All the usual amenities but the price is the big attraction. **napaprince.com**	***THE SEA CAVES*** Basically a stunning free walk. A paved walkway traces the shore to this series of natural caves. Brilliant to explore but take boots because the razor sharp terrain is treacherous. **3km from city centre**
$130	***FISH MEZE*** Beach location makes this place a perfect for romantic dinner. Add an unbelievable choice of fish meze (the Ouzo mussels is genius) for an unforgettable experience. **karousosbeach.com**	***ATLANTICA AENEAS HOTEL*** Huge but well served hotel right in the heart of things. Good food, good bars good pool and good atmosphere. A quality family hotel. **aeneas.com.cy**	***NISSI BEACH*** Another completely free attraction. For most the white sands, azure seas and serious tunes, are the perfect place to recharge after a night's clubbing. **Ayia Napa**
$650	***CLARABEL*** Sensational family-run restaurant specialising in Cyrpian and Mediterranean cuisine. They love flambee dishes too so don't miss out! **clarabelflambee.com**	***ALION BEACH HOTEL*** Superb, understated hotel whose 100 room size is offset by extraordinary customer service. Every member of staff smiles and seems genuinely concerned you are happy. **Kryounerou Ave 38**	***CLUBBING*** Clubbing has become the life blood of Ayia Napa, so start in The Square and take your pick. The Castle is arguably the daddy together with Bedrock and Ice Watch the bouncers though. **METRO WORLD NEWS**

▶ Nissi Beach

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STEP 1:
Remove card from wallet

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Girls who love to get dirty

SUSAN GREENWOOD
TRAVEL@METRONEWS.CA

METRO WORLD NEWS IN LONDON

Morzine, in the French Portes du Soleil area, is the hub around which European mountain biking revolves. There are chairlifts to carry bikes uphill, 3,300 metre tracks descending 500 vertical feet, 12 resorts to ride in and numerous bars where muddy floorboards are accepted as standard. What it doesn't have is a great deal of women, leading to its nickname "Manzine."

"I was just bored of trying to keep up with my husband and his mates," says Sara Burdon, the creator of Dirtgirls and owner of Flow MTB holidays. "And the conversation was pretty rubbish too. I also wanted some skills tuition to help me progress faster. But when I searched for women's courses, the only ones that were coming up were in Canada."

So she called in some professional riders to act as coaches, provided a chalet complete with sauna and food, and Dirtgirls was born. After ploughing down the difficult single track we stopped off at Chez Babette — an atmospheric mountain restaurant full of wonder. With Dirtgirls, you get all of the action but no testosterone.

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$415, firebox.com

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LARRY CROWE/THE ASSOCIATED PRESS

4 portions
Prep and Cooking time: 45 min.

▶ Honey Dijon Beer-Marinated Chicken Sandwich With Slaw.

The acidity and sweetness of the beer simply works wonders with the flavour and texture of the chicken

Ingredients :

- 2 boneless, skinless chicken breasts
- 1 bottle (341 ml) pale ale beer
- 1 1/2 cups broccoli slaw
- 1/4 cup mayonnaise
- 2 tbsp sweet relish
- 1/4 cup Dijon mustard
- 2 tbsp honey
- 1/3 cup slivered almonds
- 1 cup panko (Japanese-style) breadcrumbs
- 1 tsp garlic powder
- 3/4 tsp salt
- 3/4 tsp ground black pepper
- 1 egg
- 2 tbsp butter
- 4 sesame seed hamburger buns

The search for a tender, juicy and flavourful breaded chicken sandwich ended up in the place where so much great thinking begins , the beer aisle.

After playing with various ways and ingredients for imparting flavour and moisture to this most ubiquitous of bird meats, it was discovered that a beer bath had the biggest payoff in terms of big flavour.

Preparation:

1. One at a time, slice each chicken breast horizontally through the centre to form 2 thin halves.
2. In a medium bowl, combine beer and chicken. Refrigerate for 30 minutes.
3. In a small bowl, combine slaw, mayonnaise and relish. Mix well, then refrigerate until needed.
4. In a small bowl or cup, whisk together mustard and honey. Set aside.
5. Meanwhile, in a food processor, pulse almonds until coarsely ground. Transfer to a wide, shallow bowl. Add panko, garlic powder, salt and pepper, mixing to combine.
6. When chicken is ready remove it from beer and pat dry with paper towels. Whisk egg in a wide, shallow bowl. One at a time, dredge each chicken cutlet through egg, then through breadcrumb blend.
7. In a large skillet over medium-high, melt butter. Working in batches and adding more butter as necessary, add chicken and cook for 4 to 5 minutes per side, or until cooked through.
8. To assemble sandwiches, layer a quarter of the slaw mixture over the bottom half of each bun. Top with a chicken cutlet. Spread a generous amount of mustard over the top half of the bun, then place over chicken.

THE ASSOCIATED PRESS

Superfood: Chili Peppers

It's hot stuff — not only when you eat it, but for your health too.

Chili peppers contain the powerful phytochemical capsaicin and the hotter the pepper, the more capaiscin it will contain. Capsaicin helps fight inflammation as it helps prohibit Substance P, a neuropeptide linked to inflammation. Chilis also help prevent sinutitis and relieve congestion.

Varieties of chilli peppers such as Cayenne have been shown to reduce blood cholesterol. Its bright redish coloring indicates high levels of beta-carotene or Pro Vitamin A, which plays an essential role in boosting the immune system.

ROMINA MCGUINNESS

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To text or not to text

The next generation is taking quite an impersonal approach to work

MAT LECOMPTE
WORK@METRONEWS.CA

ISTOCK

▶ It may be hard to unglue your eyes from your smart phone screen, but there are certain situations when it really is necessary.

Blackberries and iPhones. More like Crackberries and i-can't-stop-playing-with-my-Phones. Addictive, efficient and, at times, an over-used substitute for good old fashion talking.

According to a recent survey by textPlus, a texting app, 11 per cent of respondents felt it was appropriate to ask for a raise via texting, while 32 per cent think it's okay to let their bosses know they're taking a sick day by typing it on their mobile.

According to Dr. James Norrie, associate dean and professor at the Ted Rogers School of Management at Ryerson University in Toronto, there's a time and a place for such technology.

"(With) any high stakes communication, you should try to be using a high engagement communication method," he says, such as the telephone or a face-to-face meeting.

A 31-year old director's assistant in New York — who wishes to remain anonymous — knows all too well about that disconnect. Because of her line of work, texting is an essential part of the job, but can sometimes create confusion. For example, the meaning in the limited number of words used can get lost in the airwaves. She recalls one episode when she received a vague message from her boss asking her to send a car.

"I had no idea where he was, where he wanted to go, etc.," she says. "I tried to call him but he didn't answer so I texted him a bunch of questions and when I received one word answers, it was hard to tell if he was annoyed with me or just annoyed he was stuck in the rain somewhere!"

Texting no-no's

Eleven per cent of college kids and recent grads think it's okay to ask for a raise via text message while 32 per cent think it's okay to call in sick and 11 per cent think it's alright to quit their job via text.

- Here are some other common mistakes people make using text messaging.
- They respond to quickly. According to Norrie, texting is a rushed style of communication and the way it's approached varies depending on the setting. For example, the quality of a response will differ when sent from a desk than while walking to the subway.
- They ignore the relationship quotient, meaning there is more to a conversation than just the content.
- People reply in the same medium if the message is misunderstood. If you don't understand the content or context of the message, call.

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University safety shopping

The annual university shopping trip is almost upon us Remember there is more to school than toys

▶ The Doberman Security Laptop Defender motion sensor alarm by Dormco.com is shown here. It attaches to a laptop computer and could be a good investment for the coming school year.

While it's fun to stock up on posters, shower caddies and desk lamps, experts say you also should consider how you'll keep yourself, and your stuff, safe on campus.

Common sense is the best defence, says Chris McGoey, who runs a security business in Los Angeles and consults on campus safety.

"It's all about access. In most incidents, victims were careless, unaware and too trusting," he says.

Identity Theft

Don't give out bank, credit card or social security information over the phone or online. Shred sensitive documents, or use an identity blocker stamp that obscures personal info.

In dorm suites and hallways, there may be visitors you don't know. Many first-year students like to adopt an "open-door" policy when they get moved into dorms. But that's an invitation to would-be thieves.

"If you have a computer, laptop or other electronic equipment, tether it to something solid using a security cable," advise the "college life" editors at the school-advice site SparkNotes.com.

There are also motion-sensor locks for laptops. And Orbicule's Undercover is a monitoring device for your Mac, iPhone or iPad; for a student price of $39 US, the downloadable software will snap a photo of the person who took your Mac and track the IP address anywhere in the world — information that can be given to police. In the meantime, lockout features prevent the thief from accessing anything on the computer.

As for smaller valuables, some students suggest keeping them in a trunk — the kind you take to summer camp — with a combination lock. Trunks also make handy nightstands.

Jeff Gawronski of DormCo.com, an online retailer that sells dorm security items, says his biggest seller is a room safe. Safes these days have been scaled down to look less intimidating in a dorm room.

Diversion safes are containers that look like everyday items — cleanser cans, for example. The idea's clever, so long as nobody accidentally throws the safe out. If your roommate has lost a key, don't leave the door unlocked. Instead offer to help find the resident assistant to get a new lock and keys.

In general, familiarize yourself with the school's security systems and dorm environment. Locate fire extinguishers, and keep a small one on hand if you have appliances.

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Book review

I (heart) Money
Author: David Campbell Lester
Publisher: DCL Capital Press

Money is a curious thing. The very essence of its purpose is to drive commerce, meaning, it's there to help you buy that thing you love. It is no wonder then that we have an ingrained ability to spend rather than save. Financial coach and author, David Campbell Lester, suggests in his book I (heart) Money, that we need to take a different approach to managing our money, loving it. According to Lester, how you approach money should start with how you respect it, even how you carry it. Lester's book provides some key insight to managing your money, also pointing out that having a healthy relationship with money will trickle down into having healthy personal relationships. Consider a first date, he says, the first question out of someone's mouth is 'what do you do?' (Translation: How much money do you make?). If you find someone who truly loves their money, they are in control of their life, he says. CRAIG LUND

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EMPLOYMENT CONTRACTS

Workplace Law

DANIEL LUBLIN
EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP
DAN@CANADAEMPLOYMENTLAWYER.COM

Employers often take a kitchen sink approach to drafting employment contracts. I've written about certain things to look out for in prior columns, but here's other issues that employees should consider.

Legal advice:
In one recent Alberta case the court refused to uphold a contract because there was an implication that had the employee not signed it, she would have lost her job. Employees should be given time to seek legal advice and an opportunity to negotiate terms.

Prior tenure
Upon a merger or acquisition, prior tenure is not simply erased — it continues, unless a contract states otherwise. In one of my cases, the employer argues that it is not responsible for the severance owed to a long-term employee because much of his tenure was with a predecessor. However, because the contract was silent, it is wrong.

Severance provisions
If a contract clearly permits termination upon payment of only statutory requirements, there is no right to severance, no matter how long or meritorious the employee's tenure. There is only a right to get what the contract says.

Reference to policy manual
For a policy manual to form a "term" of employment, it is not enough to refer to the existence of the company's manual in the contract. The manual must be attached to the contract, and the contract must confirm that the employee has read the manual and accepts those terms. For example, in another one of my cases, the employer states that a clause in its policy manual formed an important term of my client's job. If this were true, they why did they not put that into their contract?

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Métis Employment Services - Region 3
Suite #5, 2611 – 37th Avenue NE, Calgary, Alberta.
To register for this session, please call 403.250.8902
or email: klittlebear@metis.org. Please bring current resume.

AUGUST 20, 2010 AT 1:30 PM
Aboriginal Futures Career & Training Centre
#200, 6011 – 1A Street SW, Calgary, Alberta.
To register for this session, please call 403.253.5311
or email: carol@aboriginalfutures.com.
Please bring current resume.

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Workplace Training is a Government funded program designed to assist unemployed Albertans in obtaining and maintaining permanent employment opportunities. The position runs to December 31, 2010 with the possibility of extension. **Please note:** A vehicle is required for this position.

Interested candiates are required to submit a cover letter and resume with salary expectations to **Michelle Fox-Salim**, McBride Career Group, via email (mfoxsalim@mcbridecareergroup.com) or fax **403.234.7206**.

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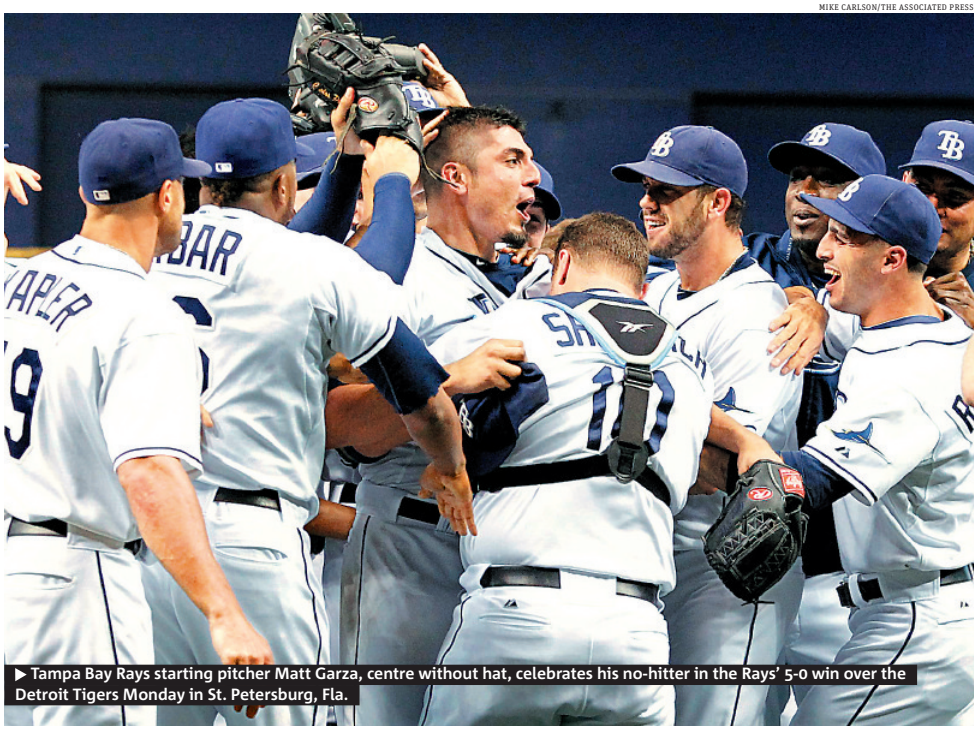
The Year of the Pitcher indeed

- Garza's no-no the latest in this historic season
- Not since 1991 has majors seen this many no-hitters in a year

MIKE CARLSON/THE ASSOCIATED PRESS



▶ Tampa Bay Rays starting pitcher Matt Garza, centre without hat, celebrates his no-hitter in the Rays' 5-0 win over the Detroit Tigers Monday in St. Petersburg, Fla.

Five no-hitters, two perfect games and another gem that was spoiled by an umpire.

By now, San Francisco Giants broadcaster Mike Krukow and others around baseball are beginning to expect a piece of pitching history every week.

"I do. I can't explain it," said Krukow, who pitched in the majors from 1976-89. "Amazing. I think it's pretty cool. The Year of the Pitcher."

Matt Garza tossed Tampa Bay's first no-hitter Monday night in a 5-0 victory over the Detroit Tigers, becoming the fifth big leaguer to turn the trick during a season of mastery on the mound.

The last time there were five no-hitters in one year was 1991, when Hall of Famer Nolan Ryan threw one of seven in the majors. Now, arms are in charge again — so much so that no-hit alerts seem commonplace.

Ho hum, another shutout. Complete game? Yawn.

"Pitching has gotten better," Rays manager Joe Maddon said. "I don't know that the hitting has gone back a bit, but the pitching has definitely gotten better."

The numbers back him up. Fourteen times a pitcher has carried a no-hitter into the eighth inning this year. That's the most through July 26 since at least 1974, as far back as such records go at STATS LLC. As a comparison, it happened six times by that date last season.

"I don't know if there are any explanations for it," Minnesota manager Ron Gardenhire said. "It runs in cycles and you just go through it."

THE ASSOCIATED PRESS

Elite group

- Oakland left-hander **Dallas Braden** retired all 27 batters against Tampa Bay May 9 and Philadelphia ace **Roy Halladay** duplicated the feat 20 days later at Florida, making this the only season besides 1880 to include a pair of perfect games.
- Arizona's **Edwin Jackson** and Colorado's **Ubaldo Jimenez** also threw no-hitters, while Detroit right-hander **Armando Galarraga** was denied a perfect game because of a missed call at first base by an umpire.

Bryant didn't expect pads problem

$8.3M

Value of Dez Bryant's five-year contract with the Cowboys. He has already gotten a $1.95 million signing bonus and is due a $570,000 roster bonus during camp.

TOM PENNINGTON/THE ASSOCIATED PRESS

▶ Dez Bryant

Dallas Cowboys rookie receiver Dez Bryant said he never expected his refusal to carry Roy Williams' shoulder pads to become such an big deal.

The first-round pick also said he didn't know that rookies carrying the pads of veterans after practice was a long-standing ritual.

"I told Roy this, I said if that situation was going to turn out that big, he could have walked in with his tights on," Bryant said after a team's practice yesterday. "I would have took his shoulder pads, his pants, his helmet, his socks, his shoes. I would have took everything. But you know what, that's not even an issue." THE ASSOCIATED PRESS

Yao Ming may 'call it quits' from basketball

Houston Rockets centre Yao Ming is pondering quitting basketball if he doesn't fully recover from his lingering foot injury next season.

In wide-ranging comments to Chinese state media yesterday, Yao sounded far from optimistic about his future and also made a rare criticism of China's national basketball program.

"If the foot injury does not heal next season, I might choose to call it quits," Yao said.

Yao missed last season following foot surgery, but is set to return to the Rockets after deciding not to opt out of the final year of his contract. Though he has said his recovery was going well, the Rockets have signed seven-foot veteran Brad Miller to share the work at centre.

The seven-foot-six Yao, who was in his native China for a series of charity events, all but ruled out playing for his country in the 2012 London Olympics.

Yao said the Chinese national team's recent poor showings stem from the country's focus on preparations for the 2008 Beijing Olympics, while neglecting development teams and the country's professional league. THE ASSOCIATED PRESS

HARRY HOW/GETTY IMAGES

▶ Yao Ming

Maradona done with Argentina

Diego Maradona is no longer the coach of Argentina.

The Argentine Football Association said yesterday that it would not renew Maradona's contract, ending his erratic 21-month stint in charge of the national team that had mirrored his own long personal history of unpredictable behaviour and defiance.

THE ASSOCIATED PRESS

4 sports

Sports in brief

1. New York Rangers sign free agent Alexander Frolov.
2. Cincinnati Bengals reportedly reach deal with Terrell Owens.
3. Mets' left-fielder Jason Bay has mild concussion and is out of the lineup for at least a few days.

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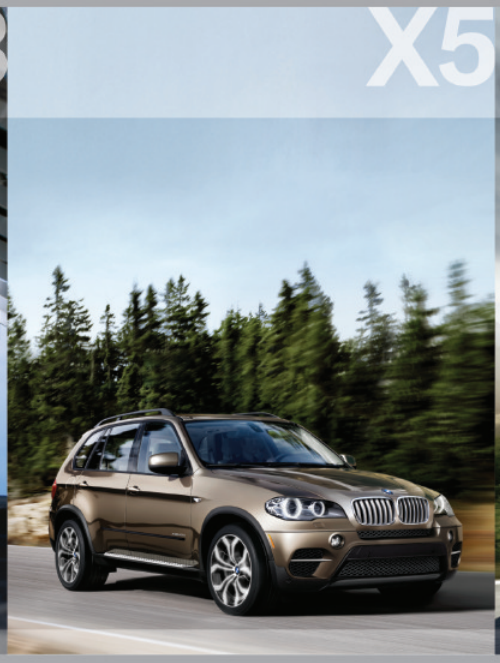

$ 74,495 MSRP incl. Freight & PDI

$ 64,495 Sale Price

Black Sapphire Metallic, Black Nevada Leather, Dark Bamboo Wood Trim

Demo car. 3675 km's. Stock# N11469

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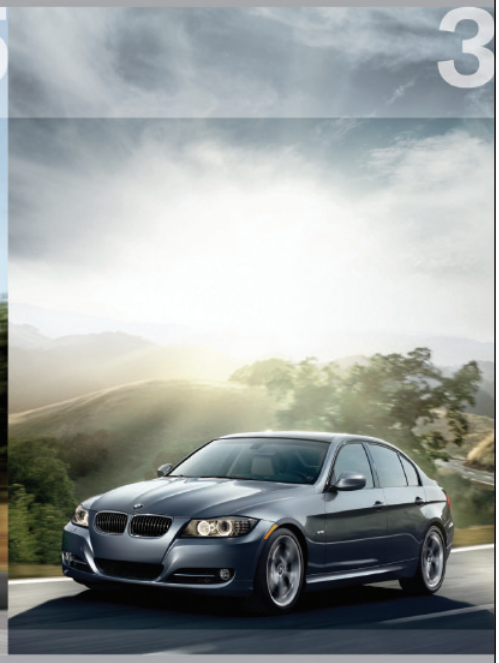

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JIL MCINTOSH/FOR METRO CANADA

▶ Following a new model in 2009, Mitsubishi skipped a year and has now released the 2011 Eclipse Spyder.

Mitsu Eclipse Spyder spins web of wonder

Looking for a drop-dead-gorgeous topless road companion? 2011 Japanese convertible got the looks for a price that won't break your bank

JIL MCINTOSH
DRIVE@METRONEWS.CA

I've never figured out why some cultures perform rain dances in dry weather; all they need to do is give me a convertible to drive. My week with the 2011 Mitsubishi Eclipse Spyder included rain every single day, but I braved the sprinkles for the joy of driving with the roof down.

The Spyder has faults, but on a summer's day, it's easy to forgive them once the top stows away. It isn't quite the driver's car that Mitsubishi claims it to be, but it's a good wind-in-your-hair machine.

There's no 2010 model: Its production dates would have released it in the dead of winter, and so Mitsubishi Canada went straight from 2009 to 2011. There are two versions: the GS, at $30,498, uses a 2.4-litre four-cylinder engine, while my tester, the $35,998 GT-P, contains a 3.8-litre V6. Mine used a six-speed manual transmission, while a six-speed automatic can be added for $1,200.

The 265-horsepower V6 is a work of art. It's strong and smooth, with a deliciously throaty exhaust note; the clutch is light, the shifter is precise, and it's simply a joy.

What isn't pleasant is the torque steer, the tendency for a front-wheel-drive car to pull to one side on acceleration. With this much power, the car will all but turn a corner if you're not holding on tight.

An all-wheel system would make a huge difference, and Mitsubishi makes an incredible one that it plugs into its Lancer Evolution, but it would undoubtedly push the car's price out of reach.

The outside is gorgeous, and the inside is too. The heated sport seats are heavily bolstered, and when combined with my tester's orange exterior shade, the interior is three-tone.

Consider this a winding-road sportscar and you may be disappointed; look at it as a drop-dead-gorgeous topless traveller, and you're closer to the mark. Given the prices of some rivals, it's hard to do much better.

The specs

2011 MITSU ECLIPSE SPYDER GT-P

- **VEHICLE TYPE** Sports convertible
- **PRICE** $35,998
- **ENGINE** 3.8-litre V6
- **FUEL ECONOMY** City 13.1 L/100 km, hwy 8.0 L/100 km, as-tested 11.4 L/100 km
- **WARRANTY** coverage is always important to buyers, and Mitsubishi offers an especially long one: five years or 100,000 km on almost everything, and an additional ten years or 160,000 km on the powertrain.

Hundreds of Evoque testers descend upon cities

The all-new Range Rover Evoque has entered its final phase of testing, with hundreds of prototype models dispatched around the globe for trial in the toughest climates and conditions.

Land Rover is making no secret of the operation. Its design team has fitted ten prototypes with funky camouflage wraps, to introduce the new car in 10 key cities worldwide.

Ordinarily prototypes are disguised for discretion, but these ten are intended to be seen.

The funky camouflage imagery is actually a GPS mapping trail of ten key cities for Evoque, with each vehicle saying "Hello" to its city. It signals the eagerly awaited global launch of the new Evoque.

These vehicles represent London, New York, Sao Paulo, Paris, Milan, Madrid, Berlin, Sydney, Shanghai and Moscow and will all be spotted testing around the globe.

▶ A camouflaged Range Rover Evoque.

They are just a small proportion of the hundreds of pre-production cars that will be rigorously evaluated over millions of miles to ensure the new Range Rover Evoque surpasses the highest standards of quality and reliability when it goes on sale in summer 2011.

FROM CARGUIDE

5 drive

Up and down

Ready to soar
The Terrafugia Transition — a flying car — has finally been given official clearance to fly by U.S. aviation authorities.

PT Cruiser bows out
Chrysler is shutting down shop in terms of its quirky retro design car, the PT Cruiser. 1.3 million of car have sold since it was launched in 2000.

Scan code for more car news and reviews

Sorento family favourite

If adventures are your thing, Kia SUV can be an ideal companion Relatively worry-free model high on value

SECOND GEAR

JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

Like it or not, some Canadian families simply need the ruggedness, capability and power served up by a 4x4 SUV. If your family requires one such model to tow a boat, tackle the cottage trail or access weekend adventures via uncharted territory, there are several worthy options to consider in the used market.

The new Sorento is now on sale at Kia dealerships, leaving the former value-priced model in the used market with a praised ladder-frame structure and real 4x4 transfer case with low-range gearing. These two attributes form the basis for real-world sport ute toughness that gear the Sorento towards a shopper actually planning to work their machine a little with some towing or off-roading.

Sorento was powered by one of several V6 engines. Earlier models got a 3.5 litre unit with 192 horsepower, while a 3.8 litre, 262 horsepower V6 was also available. Later in the Sorento's life, a 3.3 litre, 242-horsepower engine joined the lineup, and shoppers can look for a four or five-speed automatic, as well as the rarer five-speed manual transmission.

Highlights

- **MODEL** 2003-09 Kia Sorento
- **VEHICLE TYPE** SUV
- **APPROXIMATE USED PRICE RANGE** $5,500-$24,000

PHOTO COURTESY KIA MOTORS

▶ Kia Sorento has plenty to offer for those in search of a budget SUV.

What Owners Like

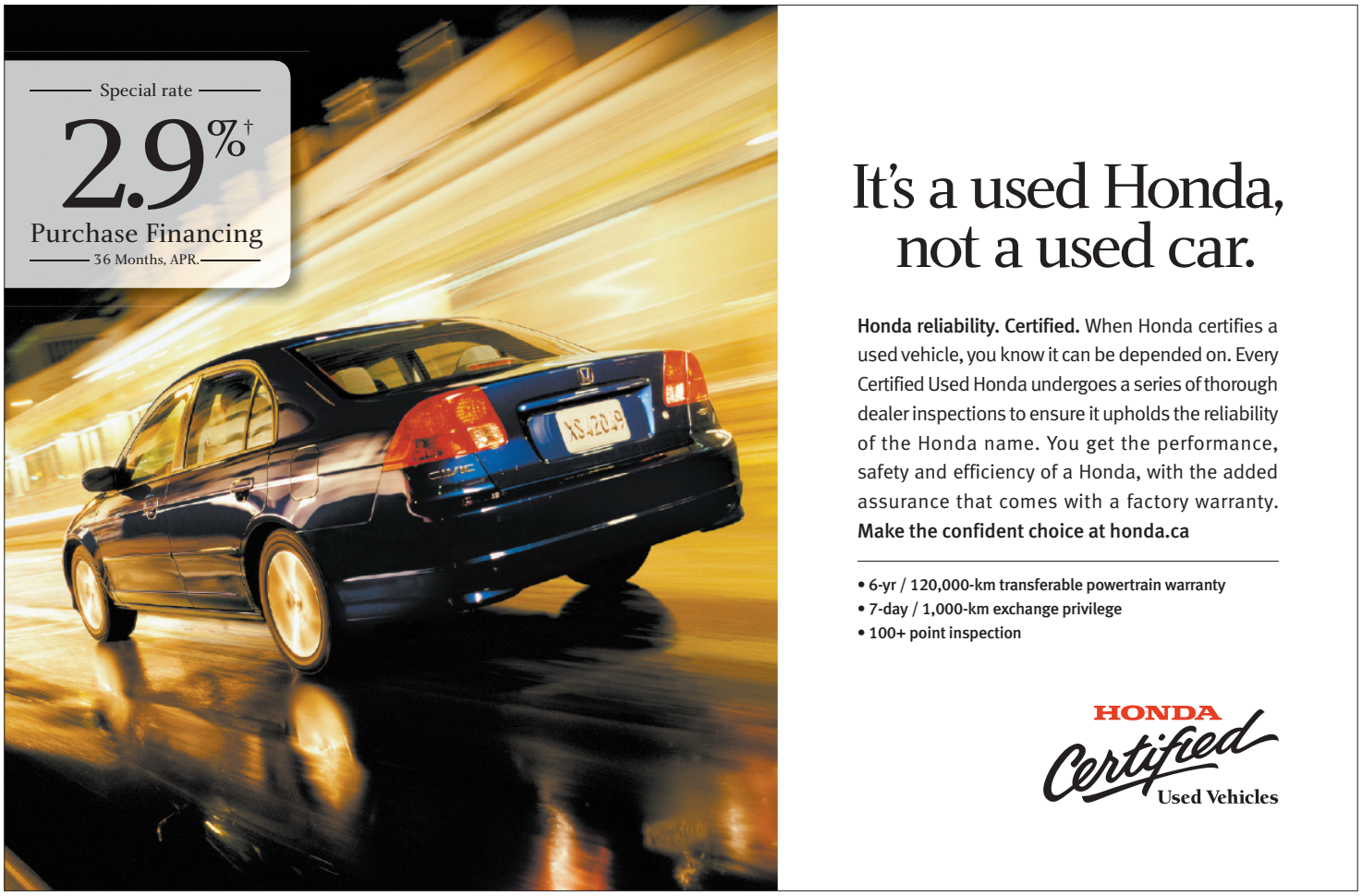
Value, equipment levels and styling are rated highly by last-generation Sorento owners, as are a safe and confident driving feel that comes as part of a tall height and solid ride. Fit and finish were also praised.

What Owners Hate

Standard 4x4 complaints regarding fuel mileage top the list of last-generation Sorento owner gripes, along with a "thin" paint job and some interior noises and rattles.

Common issues

Shoppers test-driving a used Sorento are advised to check that the 4x4 system shifts in and out of its various modes as expected, thus ensuring an expensive actuator within the transfer case isn't malfunctioning. Models with a manual transmission should shift smoothly with no grinding, clunking or clutch slippage.



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2010 Ram 3500 Crew Cab Laramie 4x2 shown.§

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2010 Ram 1500 Crew Cab Laramie shown.§

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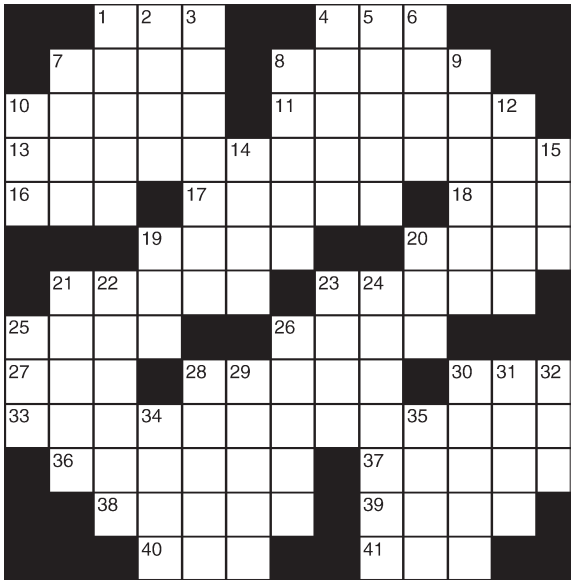
Crossword



Across
1 Corn eater's castoff
4 Drunkard
7 Smart phone?
8 Lomond and Ness
10 Sound from a rapid-flying object
11 Comprehension
13 Small, unpretentious place
16 Hooter
17 Search
18 Meadow
19 Unopened flowers
20 Nervous
21 Host
23 Hardly neat
25 Raised
26 On deck
27 Grecian vessel
28 Drink noisily
30 Rotation duration
33 Aced, on the links
36 Tire type
37 "Monopoly" payments
38 Some boxers' jabs
39 Forever and ever
40 To the — degree
41 "CSI" evidence

Down
1 Malaria symptom
2 Leak slowly
3 Pinochle-like game
4 Former frosh
5 Eightsome
6 Dissolve
7 Presentation
8 Guitars' ancestors
9 Poets of old Scandinavia
10 16-Across' query?
12 Poem of lament
14 Undraped
15 Minstrel's song
19 The A train?
20 Superlative suffix
21 Boo-boo
22 Telepathic
23 Unembellished
24 Lapsed
25 Insect
26 Zeroes
28 9-to-5, e.g.
29 Reluctant
30 The D in DKNY
31 Farm animals?
32 "Absolutely"
34 Mideast gulf
35 Night light?

▶ Yesterday's answer

S	C	A	R	■	R	A	N	■	Z	E	S	T
L	O	B	E	■	O	H	O	■	O	N	E	A
A	L	U	M	■	W	O	R	L	D	C	U	P
G	E	T	A	W	A	Y	■	A	I	S	L	E
■	■	■	K	E	N	■	S	P	A	■	■	■
P	A	W	E	D	■	C	U	P	C	A	K	E
A	G	O	■	■	J	O	N	■	■	F	I	G
C	A	K	E	P	A	N	■	O	U	T	D	O
■	■	■	L	E	G	■	K	I	N	■	■	■
S	M	E	A	R	■	H	A	L	L	W	A	Y
P	A	N	P	I	P	E	S	■	E	A	S	E
A	X	I	S	■	M	A	H	■	S	K	I	N
R	I	D	E	■	S	P	A	■	S	E	A	S

Sudoku

			4				7	6
	4		7				5	
		8			9	1		
6				1	5			
	3	5				8	1	
			2	8				3
		4	9			7		
	5				6		8	
3	9				2			

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

7	4	5	3	6	1	9	8	2
1	2	9	4	8	7	6	3	5
3	6	8	5	2	9	4	1	7
2	9	3	8	5	4	7	6	1
8	5	7	1	3	6	2	9	4
4	1	6	7	9	2	3	5	8
6	3	4	2	1	8	5	7	9
9	7	1	6	4	5	8	2	3
5	8	2	9	7	3	1	4	6

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I'm so proud of you baby, I love you so much, can't wait for blue mountain
LOVE HAKIM!

I just wanted to thank you for all your time and patience with me. And thank you for the 4 wonderful years hopefully we get to continue to be with each other for the years to come.
ME

Cynthia, I had given up hope before you came into my life; you are the most wonderful woman I have ever known, and I will go with you to the end of the line.
MARTIN

Jaan, I sit here and try to think of all the words to describe how I feel and what you mean to me, but all I can think of is as simple as this. I love you. I always have and I always will no matter what comes.
TENDU

A look at the weather

TODAY	THURSDAY	FRIDAY
Min 12° Max 26°	Min 13° Max 27°	Min 12° Max 26°

Andrew Schultz, Meteorologist
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 19 This is potentially one of the best times of the year for you, so don't waste it. What happens today will cheer you up no end but you should not be feeling down anyway.

♉ Taurus April 20-May 21 You have been so busy of late that you may have neglected some of the people you love, so make it your aim today to remind partners and family members how much you care.

♊ Gemini May 22-June 21 Forget about money worries and work problems and make it your aim to have fun. If what you are doing does not bring a smile to your face then either you are doing it wrong or you should not be doing it at all.

♋ Cancer June 22-July 22 You have to get serious about your cash flow situation. You can still have fun but it must be the kind of fun that does not cost you an arm and a leg.

♌ Leo July 23-Aug.23 Forget about what happened earlier in the year and strive to make the next few weeks truly special. You cannot change the past but you can redeem it by making the future memorable — and the future starts right now.

♍ Virgo Aug. 24- Sept. 22 The Sun's transit of the most sensitive area of your chart makes this a difficult time for you, but not so difficult that you have to walk around with such a long face. Cheer up, it's life, and it's still pretty good.

♎ Libra Sept. 23-Oct. 23 You can, if you wish, sit back and do nothing today but if you spend time with your friends you will not only feel relaxed but you will feel as if you have done something productive as well.

♏ Scorpio Oct. 24-Nov. 22 You will be put to the test over the next few days, so prepare yourself mentally and get plenty of rest as well. Your mind and your body need to be at their peak.

♐ Sagittarius Nov. 23-Dec. 21 Expand your horizons and break out of the rut you have been living in these past few months. You have done what was expected of you and now you have every right to reward yourself.

♑ Capricorn Dec. 22-Jan. 20 You may not want others to know that you are in difficulties but if you don't speak up how are you going to get help?

♒ Aquarius Jan. 21-Feb. 18 Partnership matters of all kinds must be taken seriously now. You may wish that you could just ignore certain issues but common sense tells you that's no way to go about things.

♓ Pisces Feb. 19-March 20 Changes to your schedule, both at home and at work, will have to be made eventually, so why not make them now? You have been pushing yourself a bit too hard. Go easier on yourself today and tomorrow.
SALLY BROMPTON

Caption contest

MARK KEPPLER/THE ASSOCIATED PRESS

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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2010 Matrix

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Model# KU4EEP BA

2010 Camry LE

ONLY $268/MTH

Model# BF36KT AA

2010 RAV 4

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Model# ZF4DVP AA

2010 Venza

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Model# ZA3BBT AA

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ONLY $348/MTH

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This Purchase Financing offer is now available (OAC). See us for more details.

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Receive a brand new BBQ with the purchase or lease of any new Toyota vehicle!

Only at Country Hills Toyota!

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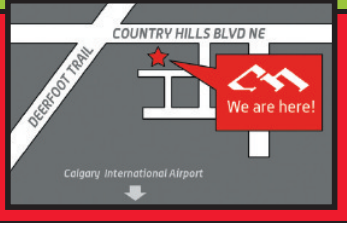

2010 Yaris Sedan Model# BT9K3P FA, 60mth lease, 0.9%, $1,868 down, $250 cash incentive to dealer, LEV $6,433. 2010 Matrix Model# KU4EEP BA, 60mth lease, 0.9%, $3,235 down, LEV $7,348. 2010 Camry LE Model# BF36KT AA, 60mth lease, 1.9%, $3,590 down, LEV $8,551. 2010 RAV4 Model# ZF4DVP AA, 60mth lease, 3.5%, $3,320 down, LEV $9,906. 2010 Venza Model# ZA3BBT AA, 60mth lease, 3.9%, $4,288 down, LEV $10,937. 2011 Sienna Model# ZK3DCT AA, 60mth lease, 5.6%, $3,938 down, LEV $10,323. 2010 Tacoma Model# UU4ENM BA, 60mth lease, 3.9%, $3,748 down, $500 cash incentive to dealer, LEV $12,306. 2010 Tundra Model# UY5F1T BA, 60mth lease, 3.9%, $4,499 down, $1,500 cash incentive to dealer, LEV $12,771. Freight, PDI and block heater included, GST extra, TFS Approved O.A.C. BBQ may not be exactly as shown. BBQ offer may not be combined with any other promotion.

THIS WEEKEND! JULY 30 – AUGUST 1

AIR MILES® SUPER BONUS *EVENT*

Until September 12, earn up to

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SAFEWAY

July 30 – August 1, earn

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†Offer valid until September 12, 2010 at participating Shell locations. Minimum $20.00 fuel purchase required. Minimum $10.00 in-store purchase required per transaction to earn 10x offer. Minimum $5.00 in-store purchase required per transaction to earn 5x offer. One Bonus Offer per transaction. Tobacco products, Car Wash and Service bay repairs are not eligible. Up to a maximum of 290 AIR MILES reward miles issued per transaction. The Shell logo is a trade-mark of Shell Brands International AG. Used under license. ††From July 30, 2010 to August 1, 2010. See in-store for details. †††Excluding taxes and the purchase of Gift Card. Offer valid from July 31 to August 1 at all RONA participating stores in British Columbia, Alberta, Saskatchewan and Manitoba only. Bonus offer coupon must be presented at time of purchase. Certain conditions apply. See in-store for details. **Account must be in good standing. 2x reward miles offer available at participating Safeway, Shell and RONA stores located in Manitoba, Alberta, Saskatchewan, British Columbia, Yukon and Northwest Territories (and Thunder Bay, Ontario for participating Safeway locations only) when you use an American Express AIR MILES Credit Card for purchases of $30 or more between July 31, 2010 and August 1, 2010 only. Other terms and conditions apply. Visit www.airmiles.ca/superbonus1 for details. ***All Rewards offered are subject to the Terms and Conditions of the AIR MILES® Reward Program. Some restrictions and additional charges apply. Subject to availability. Visit airmiles.ca or call the AIR MILES Customer Care Centre at 1-888-AIR-MILES. Flight quote is applicable for travel during low season only. ®/™Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. Sponsor trademarks are owned by the respective Sponsors or authorized for their use in Canada.